



# Armed Forces Veteran friendly accredited GP practice



**Trafalgar Medical Group Practice**  
NHS GP Surgery in Portsmouth

## VETERANS' WELLBEING MORNING

Including a Talk from Maritime Volunteer Service and Royal Marines Charity

Mental Health Awareness & Wellbeing Checks

Interactive Q+A with Healthcare Professionals

Complimentary Refreshments, Including Cake, Tea, and Coffee

Tuesday 11<sup>th</sup> March 2025

09:30-12:00

Eastney Health Centre

Join us for just for cake and a wet.

OR

Pull up a bollard and spin dits with some oppos!