

At the Meeting of the Trafalgar Medical Group Practice Patient Participation Group held at Eastney Health Centre on Wednesday 19 June 2024

PRESENT

David Pryke – Chairman

Robin Lander Brinkley – Vice Chairman

Mrs. Sally Atkins – Nurse Administration Manager

Miss Aneta Wanat – GP Assistant

Mr. David Baynes; Rev. David – Stephen Butler; Miss Annette Chipperfield;
Mr. John Doughty; Ms. Pam Lander Brinkley; Mrs. Ann Mortimer;
Mr. Kieron Mortimer; Mr. Magan Patel; Mrs. Shanta Patel;
Mrs. Pat Wainwright; Mrs. Dinah Walters; Mrs. Barbara White;
Dr. Godfrey White;

Apologies from:

Mrs. Jayne Pryke

1. WELCOME

The Chairman welcomed everyone and thanked Dinah Walters for coming to give us a talk on Socials for Seniors

He reminded everyone that any questions for the practice should be sent in advance of the meeting which was to try and ensure that the questions could be fully answered as there was not always an appropriate member of staff at the meeting to give an answer. This would happen for all future meetings.

He also reminded everyone that the meeting was not a forum to discuss personal issues and that these should be directed direct to the Practice.

2. MINUTES

The Minutes of the meeting held on 21 February 2024 were agreed as a correct record.

3. SOCIALS FOR SENIORS

Dinah Walters gave a talk about the Social fo Seniors group that she had set up in 2019 to try and alleviate feelings of loneliness and isolation, particularly among those living on their own who could be shy or isolated. The group meets at Canoe Lake

Tennis Club and there were coffee mornings/afternoons most days. There are also regular walks along the seafront, various trips are arranged, which recently included a trip to the Isle of Wight and trip on the paddle steamer Waverley, there were the occasional lunches and suppers and parties once a quarter. The group also did an annual fundraising event for Rowans Hospice

The group was only for people living on their own and social prescribers had referred some people. There were now 70 members on the group and 18 to 20 regularly attend the coffee mornings/afternoons.

The Chairman thanked Dinah for her talk.

4. CHAIRMAN'S STATEMENT

The Chairman reported that on 19 April he had attended the Portsmouth Research Hub event at The John Pound Centre, The Portsmouth Hub is a project developed by University of Southampton NHS Foundation Trust, University of Southampton, University of Winchester, Action Hampshire and Hampshire and Isle of Wight NHS Integrated Care Board.

The event included Breast Cancer Screening Service, Dementia research including advanced dementia care and treatments, , The Wellbeing Service on Vaping and you, The National Institute for Health and Care Research on improving Health and Social Care, Southern Cancer Trials Public Involvement Group, Wessex Asthma Network on the reduce carbon for patients study, Portsmouth Hospitals University NHS Trust Patient Research Ambassadors, Portsmouth City Council Cost of Living Support, Health and Care Portsmouth Looking After your health, a guide of local health services and Healthwatch Portsmouth a community based study on the challenges facing Portsmouth Residents.

The event was very informative, and arrangements were in hand for some of the participants to come and give us a talk.

5. PRACTICE UPDATE

Sally Atkins reported that Dr. Palmer would be leaving next week to go to Canada and Dr, Wilson would be leaving on 11 July to go to Australia, two new GPs would be starting at the practice in September. The practice now had 18 GPs

2 new nurses had been appointed and there were now 9 nurses and 7 Health Care Assistants.

Sister Jooles Allison had now returned following a very bad break to her ankle she would only be part time at the moment concentrating on research, she would hopefully be back to her usual duties shortly.

There had recently been a Veterans Coffee Morning, which included blood pressure checks and learning how to use the NHS app, and the PPG coffee morning both of which had been very successful.

The Practice website had been awarded 1st in the Hampshire and Isle of Wight region and 2nd in the southeast region which included 800 practices.

The call back service for the practice was now up and running and it was agreed that this should be promoted to encourage patients to use it to try and avoid people queuing up first thing outside the surgery. It was suggested that maybe the pharmacy opposite the practice might be encouraged to talk to patients queuing up to say what services they provide and so enable some patients to go to them instead of queuing up.

Sally announced that she would be retiring at the end of March next year, she was being shadowed by Aneta Wanat who would be looking after the PPG when she goes. Sally's last PPG meeting would be on 19 February 2025

7. WRITTEN QUESTIONS AND ANSWERS

There were no written questions.

8. FUTURE MEETINGS

Future meetings had been arranged for 30 October 2024 and 19 February 2025, the Chairman said that arrangements were in hand for one of the pharmacists from Portsmouth Pharmacy to come and give a talk about the services pharmacies provide